

Connecting Apple iOS devices to the internet via Ethernet

- While many people want to be connected to the internet, a growing number do not want to be exposed to microwave radiation associated with wireless technology (Wi-Fi, cell phones, etc.).
- What few people realize is that they can connect their mobile devices (i.e. iPads, iPhones and iPods) to the internet via Ethernet cabling.
- All you need is Ethernet access to the Internet (turn your Wi-Fi “off”); the device you want to use (iPhone, iPad, etc.); and a Lightning to Rj45 Ethernet adaptor, all without exposure to microwave radiation and with no data charges on your iPhone.

To connect your device to the internet via an Ethernet cable, follow these steps:

1. Put your device into Airplane mode
2. Connect wired Ethernet cable to the Lightning to Rj45 Ethernet adaptor



3. Connect your iPhone to the Lightning Rj45 Ethernet adaptor



4. You're now able to surf the web (Chrome, Safari), use iMessage, check/send emails (Gmail, Outlook), make audio and video calls (FaceTime, Skype, or Zoom, etc.)

NOTE: You won't be able to make cellular calls or send SMS (text) messages while in Airplane Mode

To learn more visit: [The Electrosensitivity Society](http://www.electrosensitivity.com/).